







# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE AUGUST-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Sliced Meatloaf w/Gravy Sour Cream & Chive Mashed Potatoes Prince Edward Blend Vegetables 12-Grain Bread Sliced Pears	4	Grape Juice Grande Cheese Ravioli w/Tomato Sauce Tossed Salad Greens w/Tomatoes/Cucumbers Italian Dressing 100% Whole Wheat Bread Sliced Apples	5	Baked Ham w/Raisin Sauce Cut-Up Sweet Potatoes Spinach Wheat Dinner Roll Pineapple Tidbits	6	Orange-Pineapple Juice Cran Raisin Chicken Salad In a Corn Bowl Tortellini Salad Shredded Lettuce Cookie	7	
10	Cran-Apple Juice Turkey Meatballs w/Sweet & Sour Sauce Oriental Rice Oriental Vegetables 12-Grain Bread Chocolate Pudding w/Whipped Topping	11	Orange-Pineapple Juice Veal Piccata Boiled Potatoes Sliced Carrots 100% Whole Wheat Bread Sliced Peaches & Pears	12	American Chop Suey California Blend Vegetables Spinach Salad w/Mandarins & Almonds Raspberry Vinaigrette Dressing 100% Whole Wheat Bread Mixed Fruit	13	Orange Juice Seafarer Seafood Salad on Croissant Baked Sweet Potato Lettuce Fresh Fruit	14	
17	Barbeque Pork RIBEQUE Baked Beans Broccoli Cuts Rye Bread Pineapple Tidbits & Mandarin Orange	18	Seasoned Chicken in Alfredo Sauce Farfalle Noodles Italian Mixed Vegetables Dinner Roll Fresh Orange	19	<b>August Birthday Party Lunch</b> Fried Chicken Potato Salad Coleslaw Cornbread Dessert  <b>Sign up by 8/17/15</b> <b>\$0 for Birthdays</b> <b>\$4 for Non-Birthdays</b>	20	Beef Vegetable Soup Eggplant Roll-Up w/Marinara Sauce Rotini w/Tomato Basil Sauce Mixed Vegetables Club Roll Oatmeal Fruit Bar	21	
24	<b>NATIONAL EAT A PEACH DAY</b> Orange Juice Italian Meatballs w/Italian Sauce Penne w/Italian Sauce Italian Green Beans Club Roll Sliced Peaches Over Pound Cake w/Whipped Topping	25	Tomato Vegetable Soup Cold Cut Grinder: Turkey/Ham/American Cheese Potato Puffs Leaf Lettuce/Sliced Tomatoes Grinder Roll/Saltines Mustard/Mayonnaise Fresh Fruit	26	Roast Pork Hawaiian Style Fluffy White Rice Broccoli Spears 12-Grain Bread Pineapple Tidbits & Mandarins	27	Orange-Pineapple Juice Oven Fried Chicken Mashed Potatoes Peas & Diced Carrots Wheat Dinner Roll Sliced Apples	28	
31	Grape Juice Cheesy Meat Lasagna w/Meat Sauce Summer Salad Raspberry Vinaigrette Dressing Italian Bread Sliced Apples								

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.  
All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**