



# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY, 2010



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>3</b>	Cran-Orange Juice Open Faced Hot Turkey Sandwich Turkey Cutlet w/ Gravy Mashed Potatoes Yellow Squash w/ Green Beans Whole Wheat Bread Rocky Road Pudding w/ Topping	<b>4</b>	Vegetarian Beef Soup Tuna Salad on a Kaiser Roll Potato Wedges Cucumber & Tomato Salad Crackers Fresh Fruit	<b>5</b>	Apple Juice Spaghetti & Meatballs w/ Italian Sauce Parmesan Cheese Zucchini French Stick Purple Plums	<b>6</b>	<b>HAPPY MOTHER'S DAY!</b> Chilled Orange-Pineapple Juice Coq Au Vin Baked Potato w/ Sour Cream & Chives Broccoli Florets Wheat Dinner Roll Strawberry Shortcake w/ Whipped Topping	<b>7</b>	Pineapple Juice Sirloin Tips w/ Peppers and Onions Over Bowtie Noodles Sicilian Blend Vegetables Pumpnickel Bread Sliced Pears
<b>10</b>	Cranberry Orange Juice Roast Pork w/ Broth Baked Potato w/ Sour Cream Sliced Carrots 12 Grain Bread Sliced Peaches Over Pound Cake w/ Topping	<b>11</b>	Grape Juice Eggplant Rollatini w/ Spanish Sauce Ziti w/ Italian Sauce Tossed Salad w/ Italian Dressing Italian Green Beans Club Roll Apricots	<b>12</b>	Oven Fried Chicken Parslied Whole Potatoes Spinach Salad w/ Mandarin Oranges, Almonds & Raspberry Vinaigrette Dressing Biscuit Tropical Fruit	<b>13</b>	Garden Tomato Soup Baked Salmon w/ Dill Sauce White & Brown Rice Blend Beets 12- Grain Bread Saltines Fresh Fruit	<b>14</b>	Apple Juice Mini Cheese Burger on Bun (w/ ketchup, mustard, chopped onions, relish) Potato Puffs Vegetable Medley Mini Hamburger Buns Lorna Doone Cookies
<b>17</b>	Orange Juice Chicken Tuscany Parslied Ziti Capri Blend Vegetables Italian Bread Tapioca Pudding w/ Topping	<b>18</b>	Apricot Glazed Pork Loin Baked Sweet Potato California Blend Vegetables Oatnut Bread Applesauce	<b>19</b>	Fish Florentine White & Brown Rice Pilaf Coleslaw Tartar Sauce Dinner Roll Fruit Cocktail	<b>20</b>	Chicken Vegetable Soup Meatballs w/ Italian Sauce On a Grinder Roll Tossed Salad w/ Ranch Dressing Parmesan Cheese Potato Wedges Apricots	<b>21</b>	Cranberry Juice Roast Turkey w/ Gravy Mashed Potatoes Peas and Carrots Cranberry Jelly 100% Whole Wheat Ambrosia
<b>24</b>	Salisbury Steak w/ Vegetable Gravy Bowtie Noodles Broccoli Florets Pumpnickel Bread Fruit Cocktail	<b>25</b>	Mariner Soup Salmon Boat w/ Seafood Sauce Red Baked Potato Green and Wax Beans Wheat Dinner Roll Oyster Crackers Fresh Fruit	<b>26</b>	Chicken Cacciatore Ziti w/ Italian Sauce Cucumber and Tomato Salad Club Roll Sliced Peaches and Pears	<b>27</b>	<b>MEMORIAL DAY PICNIC!</b> Orange Juice Hot Dog Baked Beans Coleslaw Mustard, Ketchup, Relish Hot Dog Roll Watermelon	<b>28</b>	Beef Vegetable Barley Soup Roast Beef w/ Mushroom Gravy Mashed Potatoes Whole Baby Carrots Wheat Bread Saltines Tropical Fruit
<b>31</b>	<b>CLOSED FOR MEMORIAL DAY HOLIDAY</b>								

Elderly Nutrition Program meals are served Monday thru Friday to persons and their spouses' 60 years of age or older.

All meals are served with bread, coffee and/or tea and milk. **DONATIONS: \$2.00 (or what ever you can afford).**